

Summary Chart of U.S. Medical Eligibility Criteria for Contraceptive Use



Condition	Sub-Condition	Cu-IUD		LNG-IUD		Implant		DMPA		POP		CHC	
		I	C	I	C	I	C	I	C	I	C	I	C
Age	Menarche to <20 yrs: 2 ≥20 yrs: 1	Menarche to <20 yrs: 2	Menarche to <20 yrs: 2	Menarche to <18 yrs: 1	Menarche to <18 yrs: 2	Menarche to <18 yrs: 1	Menarche to <18 yrs: 2	Menarche to <18 yrs: 1	Menarche to <18 yrs: 2	Menarche to <18 yrs: 1	Menarche to <18 yrs: 2	Menarche to <40 yrs: 1	Menarche to <40 yrs: 2
		Menarche to ≥20 yrs: 1	Menarche to ≥20 yrs: 1	Menarche to ≥20 yrs: 1	Menarche to ≥20 yrs: 1	Menarche to ≥20 yrs: 1	Menarche to ≥20 yrs: 1	Menarche to ≥20 yrs: 1	Menarche to ≥20 yrs: 1	Menarche to ≥20 yrs: 1	Menarche to ≥20 yrs: 1	Menarche to ≥20 yrs: 1	Menarche to ≥20 yrs: 1
Anatomical abnormalities	a) Distorted uterine cavity b) Other abnormalities	4	4										
		2	2										
Anemias	a) Thalassemia	2	1	1	1	1	1	1	1	1	1	1	1
	b) Sickle cell disease [†]	2	1	1	1	1	1	1	1	1	1	2	2
Benign ovarian tumors	(including cysts)	1	1	1	1	1	1	1	1	1	1	1	1
		1	2	2*	2*	2*	2*	2*	2*	2*	2*	2*	2*
Breast disease	a) Undiagnosed mass	1	1	1	1	1	1	1	1	1	1	1	1
	b) Benign breast disease	1	1	1	1	1	1	1	1	1	1	1	1
Cervical ectropion	c) Family history of cancer	1	1	1	1	1	1	1	1	1	1	1	1
		1	1	1	1	1	1	1	1	1	1	1	1
Cervical intraepithelial neoplasia	d) Breast cancer [†]	1	4	4	4	4	4	4	4	4	4	4	4
		1	3	3	3	3	3	3	3	3	3	3	3
Breastfeeding	ii) Past and no evidence of current disease for 5 years	1	3	3	3	3	3	3	3	3	3	3	3
		1	3	3	3	3	3	3	3	3	3	3	3
Cervical cancer	Awaiting treatment	4	2	4	2	2	2	2	2	2	2	2	2
		1	1	1	1	1	1	1	1	1	1	1	1
Cervical intraepithelial neoplasia	a) Mild (compensated)	1	1	1	1	1	1	1	1	1	1	1	1
		1	1	1	1	1	1	1	1	1	1	1	1
Cystic fibrosis [†]	b) Severe [†] (decompensated)	1	3	3	3	3	3	3	3	3	3	3	3
		1	1*	1*	1*	1*	1*	1*	1*	1*	1*	1*	1*
Deep venous thrombosis (DVT)/pulmonary embolism (PE)	a) History of DVT/PE, not receiving anticoagulant therapy	1	1	1	1	1	1	1	1	1	1	1	1
		1	2	2	2	2	2	2	2	2	2	2	2
Depressive disorders	i) Higher risk for recurrent DVT/PE	1	2	2	2	2	2	2	2	2	2	2	2
		1	2	2	2	2	2	2	2	2	2	2	2
Depressive disorders	ii) Lower risk for recurrent DVT/PE	2	2	2	2	2	2	2	2	2	2	2	2
		2	2	2	2	2	2	2	2	2	2	2	2
Depressive disorders	c) DVT/PE and established anticoagulant therapy for at least 3 months	1	1	1	1	1	1	1	1	1	1	1	1
		1	2	2	2	2	2	2	2	2	2	2	2
Depressive disorders	i) Higher risk for recurrent DVT/PE	1	1	1	1	1	1	1	1	1	1	1	1
		1	2	2	2	2	2	2	2	2	2	2	2
Depressive disorders	ii) Lower risk for recurrent DVT/PE	1	1	1	1	1	1	1	1	1	1	1	1
		1	1	1	1	1	1	1	1	1	1	1	1
Depressive disorders	e) Major surgery	1	2	2	2	2	2	2	2	2	2	2	2
		1	1	1	1	1	1	1	1	1	1	1	1
Depressive disorders	i) With prolonged immobilization	1	1	1	1	1	1	1	1	1	1	1	1
		1	1	1	1	1	1	1	1	1	1	1	1
Depressive disorders	ii) Without prolonged immobilization	1	1	1	1	1	1	1	1	1	1	1	1
		1	1	1	1	1	1	1	1	1	1	1	1
Depressive disorders	f) Minor surgery without immobilization	1	1	1	1	1	1	1	1	1	1	1	1
		1	1	1	1	1	1	1	1	1	1	1	1

Key:
1 No restriction (method can be used)
2 Advantages generally outweigh theoretical or proven risks
3 Theoretical or proven risks usually outweigh the advantages
4 Unacceptable health risk (method not to be used)

Condition	Sub-Condition	Cu-IUD		LNG-IUD		Implant		DMPA		POP		CHC	
		I	C	I	C	I	C	I	C	I	C	I	C
Diabetes	a) History of gestational disease b) Nonvascular disease	1	1	1	1	1	1	1	1	1	1	1	1
		1	2	2	2	2	2	2	2	2	2	2	2
Dysmenorrhea	ii) Non-insulin dependent iii) Insulin dependent	1	2	2	2	2	2	2	2	2	2	2	2
		1	2	2	2	2	2	2	2	2	2	2	2
Endometrial cancer [†]	c) Nephropathy/retinopathy/neuropathy [†] d) Other vascular disease or diabetes of >20 years' duration [†]	1	2	2	2	2	2	2	2	2	2	2	2
		2	2	2	2	2	2	2	2	2	2	2	2
Endometrial hyperplasia	Severe	2	2	2	2	2	2	2	2	2	2	2	2
		4	2	4	2	1	1	1	1	1	1	1	1
Endometriosis	(see also Drug Interactions)	2	1	1	1	1	1	1	1	1	1	1	1
		1	1	1	1	1	1	1	1	1	1	1	1
Epilepsy [†]	a) Symptomatic	1	1	1	1	1	1	1	1	1	1	1	1
		1	1	1	1	1	1	1	1	1	1	1	1
Gallbladder disease	i) Medically treated ii) Current iii) Asymptomatic	1	2	2	2	2	2	2	2	2	2	2	2
		1	2	2	2	2	2	2	2	2	2	2	2
Gestational trophoblastic disease [†]	a) Suspected GTD (immediate postevacuation)	1	1	1	1	1	1	1	1	1	1	1	1
		1	1	1	1	1	1	1	1	1	1	1	1
Gestational trophoblastic disease [†]	i) Uterine size first trimester ii) Uterine size second trimester	1	1	1	1	1	1	1	1	1	1	1	1
		2	2	2	2	2	2	2	2	2	2	2	2
Headaches	b) Confirmed GTD	1	1	1	1	1	1	1	1	1	1	1	1
		1	1	1	1	1	1	1	1	1	1	1	1
Headaches	i) Undetectable/non-pregnant β-hCG levels ii) Decreasing β-hCG levels iii) Persistently elevated β-hCG levels or malignant disease, with no evidence or suspicion of intrauterine disease	1	1	1	1	1	1	1	1	1	1	1	1
		2	2	2	2	2	2	2	2	2	2	2	2
Headaches	iv) Persistently elevated β-hCG levels or malignant disease, with evidence or suspicion of intrauterine disease	4	2	4	2	1	1	1	1	1	1	1	1
		1	1	1	1	1	1	1	1	1	1	1	1
History of bariatric surgery [†]	a) Nonmigraine (mild or severe)	1	1	1	1	1	1	1	1	1	1	1	1
		1	1	1	1	1	1	1	1	1	1	1	1
History of bariatric surgery [†]	b) Migraine	1	1	1	1	1	1	1	1	1	1	1	1
		1	1	1	1	1	1	1	1	1	1	1	1
History of cholestasis	i) Without aura (includes menstrual migraine) ii) With aura	1	1	1	1	1	1	1	1	1	1	1	1
		1	1	1	1	1	1	1	1	1	1	1	1
History of cholestasis	a) Restrictive procedures b) Malabsorptive procedures	1	1	1	1	1	1	1	1	1	1	1	1
		1	1	1	1	1	1	1	1	1	1	1	1
History of high blood pressure during pregnancy	a) Pregnancy related b) Past COC related	1	1	1	1	1	1	1	1	1	1	1	1
		1	2	2	2	2	2	2	2	2	2	2	2
History of Pelvic surgery	History of high blood pressure during pregnancy	1	1	1	1	1	1	1	1	1	1	1	1
		2	2	2	2	2	2	2	2	2	2	2	2
HIV	a) High risk for HIV b) HIV infection	1	1	1	1	1	1	1	1	1	1	1	1
		1	1	1	1	1	1	1	1	1	1	1	1
HIV	i) Clinically well receiving ARV therapy ii) Not clinically well or not receiving ARV therapy [†]	1	1	1	1	1	1	1	1	1	1	1	1
		2	1	2	1	1	1	1	1	1	1	1	1

Abbreviations: C=continuation of contraceptive method; CHC=combined hormonal contraception (pill, patch, and, ring); COC=combined oral contraceptive; Cu-IUD=copper-containing intrauterine device; DMPA=depot medroxyprogesterone acetate; I=initiation of contraceptive method; LNG-IUD=levonorgestrel-releasing intrauterine device; NA=not applicable; POP=progestin-only pill; P/R=patch/ring. † Condition that exposes a woman to increased risk as a result of pregnancy. *Please see the complete guidance for a clarification to this classification: www.cdc.gov/reproductivehealth/unintendedpregnancy/USMEC.htm.

