OOPS! EMERGENCY CONTRACEPTION: BIRTH CONTROL THAT WORKS AFTER SEX

Types of Emergency Contraception

Almost

How well does

it work?

How soon do I have to use it? How do Luse it? Where can I get it?

Copper IUD

effective



It's placed in the care provider



Keeps working as super effective birth control.



Say it's for EC so vou are scheduled







May be less effective if over 195 pounds.

ASAP



Works better the sooner you take it, up to 5 days.



Remember to use it every time you have unprotected sex.



Get an extra pack for future emergencies.



Plan B One-Step or a generic



May be less effective if over 165 pounds. Try ella or an IUD.

ASAP



Works better the sooner you take it, up to 3 days.

Take the pill(s) as soon as



Remember to use it every time you have unprotected sex.

At a pharmacy, no prescription



Get an extra pack for future emergencies.







