WHAT IS EMERGENCY CONTRACEPTION (EC)?

EC is birth control to use after sex to prevent pregnancy.

Types of E

When can I use EC?

How do I get EC?

What about next time?



Over-the-counter EC pills



works best within 3 days but may work up to 5 days

May be less effective over 165 pounds.

No prescription needed

Find it at a pharmacy, clinic, or online.

Take it every time you need EC

You can get extra EC for next time.



Prescription EC pills

ASAP

but can work up to 5 days

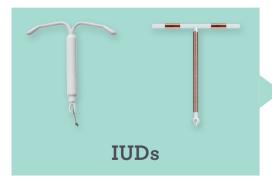
Most effective EC pill. May be less effective over 195 pounds.

Need a prescription

Talk to a health care provider online or in person.

Take it every time you need EC

Ask about a refill so you can have it for next time.



Anytime up to 5 days

Nearly 100% effective for any weight.

Visit a health care provider to have an IUD placed

Say it's for EC so you are scheduled quickly.

Keeps working as birth control

You can have it removed at any time.









