



IUD and Implant Insertion and Removal Material Checklists

For IUD insertion

Upon patient arrival

- UCG test, CT/ GC (if indicated)
- Ibuprofen 600-800 mg if no allergy (if already taken, document time taken)
- IUD insertion checklist and consent form

In procedure room

- Gloves (non-sterile and / or sterile)
- Speculum (sterile or non-sterile)
- Lubricant
- Tenaculum (sterile)
- Antiseptic and cotton balls, gauze (4" x 4") or swabs (sterile)
- Ring forceps (non-sterile is okay) or swabs
- Uterine sound (sterile)
- IUD
- Long suture scissors (non-sterile is okay)
- Menstrual pad(s)

Optional:

- Paracervical block:
 - 10-20 cc 1% lidocaine
 - 10 cc syringe and needle (spinal or equivalent)
- Pratt dilators: sizes 13/15, 17/19 (1-2 sterile sets)
- Os finders

Note: Consider keeping 3 sterile IUD insertion kits containing a tenaculum and uterine sounds +/- suture scissors, ring forceps, and speculum. Only tenaculum and sounds must be sterile, as proper insertion techniques do not require that other items be sterile.

For IUD removal

Upon patient arrival

- Ibuprofen 600-800 mg if no allergy (If already taken, document time taken)
- IUD removal consent form

In procedure room

- Gloves (non-sterile and / or sterile)
- Speculum (sterile or non-sterile)
- Lubricant
- Tenaculum (sterile)
- Antiseptic and cotton balls, gauze (4" x 4") or swabs (sterile)
- Ring forceps (non-sterile is okay)
- Menstrual pad(s)

For difficult removals:

- Cytobrushes
- Alligator forceps (ideal), string retriever or IUD hook

For implant insertion

Upon patient arrival

- UCG test
- Implant insertion checklist and consent

In procedure room

- Antiseptic with cotton balls, gauze or swabs
- Anesthesia for insertion site:
 - 2-3 cc 1% lidocaine with 25 gauge x 1.5" needle and syringe
- Nexplanon package
- Marker
- Gauze 4" x 4" (sterile)
- Adhesive and pressure bandages

For implant removal

In procedure room

- Antiseptic with cotton balls, gauze or swabs
- Anesthesia for insertion site:
 - 2-3 cc 1% lidocaine with 25 gauge x 0.5" or 1.5" needle (longer if reinsertion at same time) and syringe
- Scalpel (sterile 15 blade)
- Straight and curved mosquito forceps (sterile)
- Gauze 4" x 4" (sterile)
- Butterfly closure or steri-strips, and pressure bandages