

Contraceptive Agency Scale

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Administering the Contraceptive Agency Scale (CAS)

Instructions to Research Team

CAS is a patient-reported measure and is administered to people who have seen a provider, either in-person or via telemedicine. The researcher may select the optimal time period to administer CAS, whether immediately following the visit, or within 3 months of a visit, 6 months, or 12 months. For longitudinal data collection, at each wave it could be since the prior survey.

Contraceptive Agency Scale (CAS) Survey Items

1. My provider would be open to me trying different birth control methods.^a (+)
2. I feel that my provider would support me if I wanted to stop using birth control.^b (+)
3. My provider helped me choose a birth control method that could work for me.^c (+)
4. I felt that my provider made me use a specific birth control method.^b (–)
5. My provider made me feel like I had to use birth control.^b (–)
6. My provider wanted to make my birth control decisions for me.^c (–)
7. I felt that my provider judged me for my birth control decisions.^a (–)

Scale Domains:

a = Non-judgmental care; b = Freedom from coercion; c = Active decision- making.

Response Categories:

Strongly agree, Agree, Neither agree nor disagree, Disagree, Strongly disagree, Does not apply

Data Coding:

(+) items “Strongly disagree, Disagree, or Neither” = 0, “Agree” = 1, “Strongly agree” = 2

(–) items “Strongly agree, Agree, or Neither” = 0, “Disagree” = 1, “Strongly disagree” = 2

Does not apply coded as missing

Stem questions in longitudinal studies for skip sequencing:

If a participant answers YES to at least one of these questions, they will see the CAS:

1. Since your last survey in __[date]__, have you received **counseling or information** about birth control from a health provider?
2. Since you last completed a survey in __[date]__, have you seen a health provider **for birth control**?

Citation:

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Example of CAS Survey - Including Instructions

*These next questions will ask about your thoughts and feelings about your **most recent** clinic visit where you talked about birth control. We know that people have different experiences with different providers (nurses or doctors) who provide birth control.*

For each question, choose the one answer that seems right for you, even if you are not using birth control. There are no right or wrong answers. The answers range from “Strongly Agree” to “Strongly Disagree”, and “Does not apply” if there is no answer for you.

[illegible]

Example of CAS Survey – Spanish Version

*Estas declaraciones están relacionadas con sus pensamientos y sentimientos sobre su visita de la clínica **más reciente** donde habló de los anticonceptivos. Por anticonceptivos, queremos decir cosas como píldoras, anillos, remiendos, DIUs e implantes que las personas usan cuando no quieren quedar embarazadas. Sabemos que diferentes personas tienen diferentes experiencias con diferentes proveedores médicos (enfermeras/os o doctoras/es) que proporcionan anticonceptivos.*

Para cada declaración, elija la respuesta que más le corresponda a usted, incluso si no está usando anticonceptivos ahora o nunca lo ha hecho. No hay respuestas correctas o incorrectas. Hay variedad de respuestas, desde "Totalmente de acuerdo" a "Totalmente en desacuerdo", y "No aplica" si no hay respuesta para usted.

[illegible]