

# HOW WELL DOES BIRTH CONTROL WORK?

What's your chance  
of getting pregnant  
in a year?



Really, really  
well



Implant

Works as birth control...

Up to 5 years



Hormonal IUD

Up to 8 years



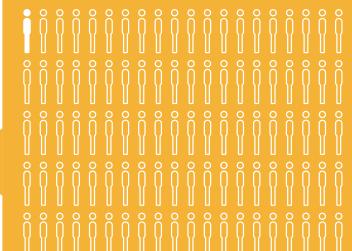
Copper IUD

Up to 12 years



Sterilization

Forever



Less than 1 in 100



Really well



Pill

For it to work best, use it...

Every day



Patch

Every week



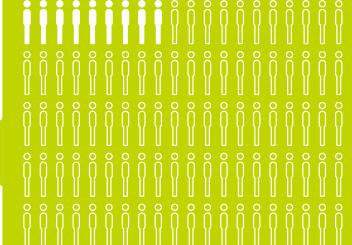
Ring

Every month



Shot

Every 3 months



6-9 in 100,  
depending on method



Pretty well



Pulling Out



Fertility Awareness



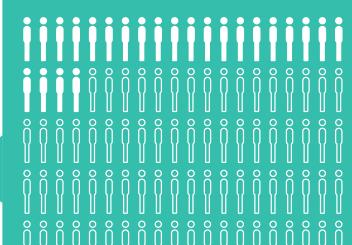
Internal Condom



Condom

Can be used alone or with another method for STI protection.

For each of these methods to work, you or your partner have to use it every time you have sex.



12-24 in 100,  
depending on method

More than 85 in 100  
without birth control.