



IUD and Implant Placement and Removal Materials Checklists

IUD Placement

Upon patient arrival

- Urine pregnancy test (if indicated)
- CT / GC (if indicated)
- IUD placement checklist and consent form

In procedure room

- Gloves (non-sterile and / or sterile)
- Speculum (non-sterile is ok)
- Lubricant
- Tenaculum (sterile)
- Antiseptic and cotton balls, gauze (4" x 4") or swabs (sterile)
- Ring forceps (non-sterile is okay)
- Uterine sound (sterile)
- Long suture scissors (non-sterile is okay)
- Menstrual pad(s)

Optional:

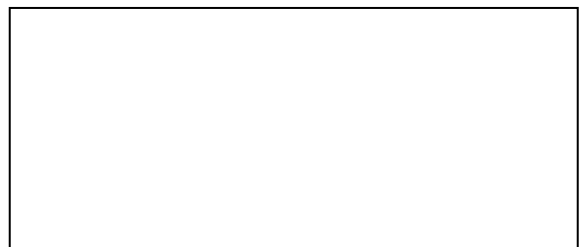
- Pratt dilators: sizes 13/15, 17/19 (1-2 sterile sets)
- Os finders

Paracervical block (offer routinely; provide as indicated):

- 20 mL 1% lidocaine (ideally buffered*)
- 1-2 10 mL syringe(s) and needle (spinal or equivalent)

Additional pain management options:

- Lidocaine-prilocaine cream (2.5%)
- Lidocaine spray (4-10%)



Note: Clinic should have at least 3 sterile IUD placement kits containing a tenaculum and uterine sound, suture scissors, ring forceps, and speculum. Only tenaculum and sounds must be sterile, as proper placement techniques do not require that other items be sterilized. If placing post-abortion IUDs, it is helpful to have scissors separate from pack.



IUD removal

Upon patient arrival (if desired)

- Ibuprofen 800 mg if no allergy (If already taken, document time taken)

Note: Pain management options offered and discussed during placement may be offered and discussed for removal as well. Review risks and benefits and practice shared decision-making.

In procedure room

- Gloves (non-sterile and/or sterile)
- Speculum (sterile or non-sterile)
- Lubricant
- Tenaculum (sterile)
- Antiseptic and cotton balls, gauze (4" x 4") or swabs (sterile)
- Ring forceps (non-sterile is okay)
- Menstrual pad(s)

For challenging removals:

- Cytobrushes
- Alligator forceps (ideal), string retriever or IUD hook



Implant placement

Upon patient arrival

- Urine pregnancy test
- Implant placement checklist and consent

In procedure room

- Antiseptic with cotton balls, gauze or swabs
- Anesthesia for insertion site:
 - Or 2-3 mL 1% lidocaine with 25 gauge x 1.5" needle and syringe
- Nexplanon package
- Marker
- Gauze 4" x 4" (sterile)
- Adhesive and pressure bandages

Implant removal

Upon patient arrival

- Implant removal checklist and consent

In procedure room

- Antiseptic with cotton balls, gauze or swabs
- Anesthesia for insertion site:
 - Or 2-3 mL 1% lidocaine with 25 gauge x 1.5" needle and syringe
- Scalpel (sterile 15 blade)
- Straight and curved mosquito forceps (sterile)
- Gauze 4" x 4" (sterile)
- Butterfly closure or steri-strips, and pressure bandages