

WHAT IS EMERGENCY CONTRACEPTION (EC)?

EC is birth control to use after sex to prevent pregnancy.

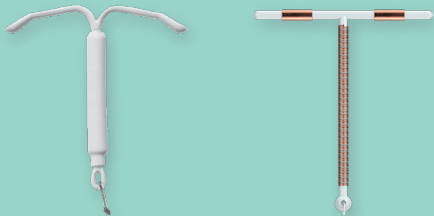
Types of EC



Over-the-counter EC pills



Prescription EC pills



IUDs

When can I use EC?

ASAP
works best within
3 days but may work
up to 5 days

May be less effective
over 165 pounds.

ASAP
but can work
up to 5 days

Most effective EC pill. May be less
effective over 195 pounds.

Anytime
up to 5 days

Nearly 100% effective
for any weight.

How do I get EC?

No prescription
needed

Find it at a pharmacy,
clinic, or online.

Need a prescription

Talk to a health care provider
online or in person.

Visit a health care
provider to have
an IUD placed

Say it's for EC so you are
scheduled quickly.

What about next time?

Take it every time
you need EC

You can get extra EC
for next time.

Take it every time
you need EC

Ask about a refill so you can
have it for next time.

Keeps working as
birth control

You can have it removed
at any time.